

Quick Guide

1. First time learning: Press S + ^ (2sec) \rightarrow shows Set , table will go full stroke (Down \rightarrow Up \rightarrow Down to bottom). \rightarrow shows 070 finish.
2. Manual Up / Down: ^ or v
3. Store positions: Press S (2sec) screen flashes \rightarrow Press $\text{1} \sim \text{4}$, shows $\text{001} \sim \text{004}$.
4. Recall positions: Keep pressing $\text{1} \sim \text{4}$, until stop.
5. Reset: If power cut off, shows 070 and flashes \rightarrow Keep pressing v to bottom position. \rightarrow shows 070 and stop flashing.
6. Over heat protection: Shows HOT \rightarrow stop operation for 1 minute.
7. Over load protection: Shows E01 \rightarrow remove some weight, then press ^ or v .